

Cosumnes Oaks Jr. Wolfpack  
Terms and Conditions (Documents and Policies)

Minor Liability Waiver

In Consideration of my child/ward, being allowed to participate in any way in the Cosumnes Oaks Jr. Wolfpack (COJW) related events and activities, the undersigned acknowledges, appreciates, and agrees that:

The risk of injury to my child/ward from the activities involved in these programs is significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,

- 1) I FOR MYSELF, SPOUSE, AND CHILD/WARD, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my child/ward's participation; and,
- 2) I willingly agree to comply with the program's stated and customary terms and conditions for participation. If I observe any unusual significant concern in my child/ward's readiness for participation and/or in the program itself, I will remove my child/ward from the participation and bring such attention of the nearest official immediately; and, take full responsibility for all medical bills if uninsured.
- 3) I for myself, my spouse, my child/ward, and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS Cosumnes Oaks Jr. Wolfpack; its directors, officers, officials, agents, employees, volunteers, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("Releases'"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property incident to my child/ward's involvement or participation in these programs, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.
- 4) I, for myself, my spouse, my child's/ward, and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY INDEMNIFY AND HOLD HARMLESS all the above Releases' from any and all liabilities incident to my child's/ward involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

CODE OF CONDUCT

**AS A PARENT, COACH, or ADMINISTRATOR**, I hereby pledge to provide positive support, care, and encouragement

for my child and/or the athletes in youth sports by following this Code of Ethics & Conduct:

(1) I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice, or other youth sports event.

(2) I will insist that my child and/or the athletes play in a safe and healthy environment.

(3) I will require that my child's coaches, or those with whom I am working, be trained in the responsibilities of being a youth sports coach and that coaches uphold this Code of Conduct.

(4) I will support coaches and officials working with my child and/or participant athletes, in order to encourage a positive and enjoyable experience for all in a sports environment that is free from drugs, tobacco, and alcohol and I will refrain from their use at all youth sports events.

(5) I will remember that the game is for youth participants and athletes - not the adults.

(6) I will do my very best to make youth sports fun for my child and the athletes recognizing that winning is not the goal - teaching my child and the athletes the importance of teamwork and discipline is first and foremost. I will ask my child and the athletes to treat other players, coaches, fans, and officials with respect regardless of race, sex, creed or ability and I will refrain from cursing, vulgar language and any other detrimental or unsportsmanlike conduct.

(7) I will help my child and the athletes enjoy the youth sports experience by doing whatever I can, such as being a respectful fan, assisting with coaching, providing transportation, or otherwise assisting the team organization.

(8) I will read the National Standards For Youth Sports, doing what I can to help all youth sports organizations implement and enforce them.

**AS AN ATHLETE AND PARTICIPANT**, I understand commitment, hard work and dedication will be required by me

before I can wear the colors of the team. Once I have tried out and made the team/squad, I have accomplished an achievement for which I can be proud. Being a member of the team means much more than just learning about and playing football, being a cheerleader, or participating in track and field. As an athlete, both on and off the field, I am a representative of the association and expected to act accordingly no matter what the circumstances.

(1) I understand as an Athlete I am to maintain an academic standard at 2.0 ("C" average) during the season, or risk being benched or dismissed from the organization/team. Grade checks may be performed at random.

## Cosumnes Oaks Jr. Wolfpack

### Terms and Conditions (Documents and Policies)

(2) I understand I am to maintain good citizenship. Fighting, misconduct, vulgar or derogatory language, cursing, or disrespect

can lead to being dismissed from the organization. Any athlete who has an altercation at school or with law enforcement authorities or is observed displaying conduct (ANYTIME, ANYWHERE) below the acceptable standards of an athlete may face dismissal from the organization/team.

(3) I understand athletes are responsible for notifying their coach if they will be absent from a practice or game. Missing a

practice or game will hurt both my team/squad and may be reason for not playing in games or participating in meets. If I have too many absences, I may be dismissed from the organization.

(4) I am expected to come to practices and games prepared and ready to give 100%. An athlete may be benched at a practice or

dismissed because of too many absences, not giving 100%, not knowing plays or routines, being out of condition or not following the rules of the organization.

(5) I will treat their coaches, teammates, officials, and adult authority figures with respect.

(6) I am responsible for the maintenance of my equipment and uniforms. Uniforms must be washed regularly. I will report all

equipment problems to my coach immediately. If I lose my uniform or equipment, I am financially responsible to replace it.

I must wear a protective mouthpiece in all football practices or games. The mouthpiece must be attached via a tether to the facemask on the helmet.

(7) I agree to follow all general rules in accordance with my team/organization.

**ALL PARENTS/GUARDIANS:** I/We, have read, understand, agree, and will abide by the above, certifying I am a legal parent authorized to sign. I/We have voluntarily signed, understanding if I violate this Code of Conduct I am and shall be subject to immediate termination or suspension.

COVID Waiver

**FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT THE TIME OF REGISTRATION)**

This is to certify that I, as parent/guardian, with legal responsibility for this participant, have read and explained the provisions in this waiver/release to my child/ward including the risks of presence and participation and his/her personal responsibilities for adhering to the rules and regulations for protection against communicable diseases. Furthermore, my child/ward understands and accepts these risks and responsibilities. I for myself, my spouse, and child/ward do consent and agree to his/her release provided above for all the Releasees and myself, my spouse, and child/ward do release and agree to indemnify and hold harmless the Releasees for any and all liabilities incident to my minor child's/ward's presence or participation in these activities as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent provided by law.

**Cosumnes Oaks Jr. Wolfpack**  
**Terms and Conditions (Documents and Policies)**

**Eligible Participant Requirements:**

The following documentation must be turned in for your child to participate. ALL MUST BE TURNED IN by or before the first day of practice (end of July).

Registration and Certification:

- COJW Participant Application
- COJW Volunteer Agreement and game sign-up sheet
- COJW Equipment Agreement
- COJW Fundraising Agreement
- COJW Minor Wavier/Release
- COJW Code of Conduct
- COJW Volunteer Contract
- COJW Fundraising Contract
- Physical Examination Form (make sure form is dated with Doctor's stamp and signature). Form must be dated after April 1st (can be downloaded at <https://cosumnesoaksjr狼pack.org/downloads> under downloads section)
- **All registration fees due**
- SAC Code of Ethics
- SAC Parental Consent
- REQUIRED DOCUMENTS: Previous School Year Spring/Summer Report Card (i.e. 2020 season grade eligibility determined by 2019-2020 Spring/Summer report card), **AND** either a LEGIBLE copy of certified/notarized Birth Certificate OR Military Dependent OR Certified Adoption Papers OR Passport

\*\*\*Please Note: Further documentation may be required at a later date for league certification purposes\*\*\*

All requirements and rules are base on the Sierra Athletic Conference Youth League. Refer to the Sierra Athletic Conference website for the league's official rules: <https://sierraathleticconference.com/downloads>

Cosumnes Oaks Jr. Wolfpack

Terms and Conditions (Documents and Policies)

Refund Policy:

No refund will be provided to any participant for any reason after the league official jamboree has taken place and/or uniforms have been order, whichever comes first.

Refunds are available prior to jamboree and/or uniform orders, whichever comes first, minus \$50 administrative fee.

If there is a team cut, refunds will be provided after COJWP properties have been returned. The refund is subject to \$50 administrative fee.

Cosumnes Oaks Jr. Wolfpack  
Terms and Conditions (Documents and Policies)

Football Equipment Rental Policy:

Football Equipment Rental Replacement Fees and Checklist:

- Helmet: \$120.00 each
- Shoulder Pad: \$80.00 each
- Equipment Bag: \$50.00 each
- Practice Jersey: \$20.00 each
- Practice Pant: \$25.00 each
- Game Jerseys\*: \$50.00 each
- Game Pants\*: \$50.00 each
- Hip, Thigh, Knee, or Tail Pad: \$5.00 total
- Belt: \$3.00 each

\*Game Jerseys and pants are not replaceable! Game Jerseys and Pants should be worn during the football season for GAMES ONLY.

Football equipment issued is the Property of the Cosumnes Oaks Jr. Wolfpack Organization.

You are responsible for your gear once it has been issued for the season.

Replacement costs for items lost or stolen are listed above.

By signing: I have read and agree to adhere to the Cosumnes Oaks Jr. Wolfpack Equipment Replacement Policy.

## Cosumnes Oaks Jr. Wolfpack

### Terms and Conditions (Documents and Policies)

#### Mandatory Fundraising Agreement:

Cosumnes Oaks Jr. Wolfpack (COJW) program will require participation in one (1) mandatory fundraiser. Please note that each participant is required to participate. Participation is per participant and not per family. Details of the specific fundraiser will be announced as the season begins.

Please remember that fundraising monies help defray costs of field usage, referees, security, allows us to purchase new equipment, helps with the costs of certifying equipment, allows for entry costs into All-Star off season programs and all other expenses during our the COJW Football and Cheer program season. **Should you fail to participate and meet the minimum fundraising goal, your participant will not be permitted to participate at the games.**

We are looking forward to an exciting season. Please note there will be other fundraisers throughout the season. Although, they are non-mandatory, your participation will be greatly appreciated. Let's continue to work together to make this a great season for all of our families and participants. The Cosumnes Oaks Jr. Wolfpack Youth Sports Organization, truly appreciates your support in our efforts to continue to provide you with a safe environment for our kids to flourish in athletics and academics. As a nonprofit organization, we rely heavily on community and our families participation. We truly appreciate your patronage.

I agree to the terms as stated above.



## Cosumnes Oaks Jr. Wolfpack

### Terms and Conditions (Documents and Policies)

## Volunteer Agreement

As Parents/Guardians, you commit to volunteering a total of 20 (twenty) hours this season.

Of the 20 hours, 10 hours are MANDATORY. By completing 20 hours, I understand I will be able to get the \$50.00 refundable volunteer fee paid during registration. This year we are implementing new volunteer requirements. Our football and cheer program runs successfully when parents also participate in the program. In order for your child to play every game you will have to comply by completing your volunteer hours this season.

You will be required to sign-up at least 10 hours prior to equipment handout. Once the seasons starts you are required to remain in compliance with your scheduled volunteer times. If you do not show up/miss and/or more than 15 minutes late to 2 of your scheduled volunteer time slots, your child will be benched the following game. Any two missed schedule dates will qualify your child to sit out of the next scheduled game.

### **Eligible to volunteer:**

- Parents,
- Grandparents,
- Siblings (18 and over)
- Uncle,
- Aunt,
- Etc.\*\*

\*\*Must inform who the volunteer is to the Volunteer Coordinator in advance)

### **Volunteer Opportunities (not limited to):**

- Snack Bar
- Gates: Visitor & Home
- Announcer
- Grill (camps, practices & games)
- Ticket Booth
- Chain Gang (Away Games)
- Fundraising sales
- Scoreboard
- Set-up and Breakdown/cleanup of Fields
- Stand Cleaners
- Field Cleaners (practices & games)